St Augustine's PRIORY

St Augustine's Priory
Co-Curricular Programme
2018
Lent Term
Preps and Juniors

Welcome to the St Augustine's Priory Co-curricular Programme

At the front of this booklet, you will find tables containing all clubs and activities on offer for children in the Preps and Junior School, followed by page by page outlines of the individual clubs and necessary information. We are excited to be launching new clubs such as Junior Gymnastics, so please encourage your daughter to take advantage of the many opportunities available to her.

Objectives of the Co-curricular Programme

- To develop and practise new skills
- To integrate children across year groups
- To challenge the girls and encourage them to take risks

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Bookings

- Co-curricular bookings will be open via our Parent Portal https://mis.sapriory.com/Logon on Thursday 4th January at 10:00am
- Booking closes and registers confirmed on Thursday 11th January at 5pm. Clubs commence on 15th January (apart from LAMDA and music tuition which will start on 8th).
- Enquiries after this date will need to go straight to the member of staff running the club
- For technical enquiries regarding our Parent Portal or log in information, please email Mr Wood at swood@sapriory.com
- A full term's commitment is required for all paid clubs

Monday Preps and Juniors

Activity	Staff	Time	Venue	Year Groups	Max No	Min No	Cost / Information
Breakfast Club	Mrs O'Connell	8.00-8.30	Pupils' Refectory	Nursery to U2 U2	20 14	N/A N/A	Drop in £3.50 per session N/A
Justice and Peace	Mrs Cattigan	1.00-1.30	U2 alpha Classroom	U2	14	N/A	N/A
Prep Gymnastics	Mrs Gosling	3.40-5.00	Sports Hall	P1, P2 &P3	20	N/A	£60 per term
Needle and Craft Advance	Ms Ransom	3:40-5:00	U2 classroom	L1 to F3	6	4	£150 per term Increased rate due to material costs All materials included
Book Club	Mrs Van Der Mewer	3.40-4.30	Junior Library	L1 to U2	16	5	N/A
After School Club	Mrs Lukomski afterschoolclub@sapriory.com	3.30-6.00	Pupils' Refectory	Nursery to U2	20	4	£13.00 per session

Tuesday Preps and Juniors

Activity	Staff	Time	Venue	Year Groups	Max No	Min No	Cost / Information
Breakfast Club	Mrs O'Connell	8.00-8.30	Pupils' Refectory	Nursery to U2	20	N/A	Drop in £3.50 per session
Swimming Club	Ms Hales Please email Ms Hales directly lhales@sapriory.com	7am start	Acton Pool	L2 to Priory 6	40	N/A	Booking not available please contact Ms Hales directly lhales@sapriory.com £60 per term
Junior Orchestra	Mr Judson	8.20-8.55	New Hall	L1 to U2	N/A	N/A	N/A
LAMDA Intro Stage 1	Ms Hewitt	9.00 –10..40 rotation	Breakout Room	Prep 2	8	2	On Rotation See LAMDA brochure for costs
Junior Percussion Club	Miss Westley/ Mrs Hatch	12.45-1.15	New Hall	L1 to U2	16	4	N/A
ICT Club	Miss Gambrill	12.45-1.15	Fox Hollow	L1 to U2	15	4	N/A
LAMDA L1 Intro Stage 3 Junior Art Club	Mrs Hewitt Mrs Mackay	12.30-1.10 1.00-1.30	Breakout Room Junior Art room	L1 L1 to U2	9 24	2 5	See LAMDA brochure for costs N/A
Taekwondo All Years	Mr Ronnie Deguzman	3.40-5.00	Sports Hall	Junior & Senior	20	4	£66 for the term
LAMDA U1 Speaking Verse and Prose	Mrs Hewitt	3.50-4.30	Breakout Room	U1	8	2	See LAMDA brochure for costs
Prep Yoga	Ms Rosen	3.40-4.30	New Hall	P1, P2 & P3	20	5	£66 for the term
Prep – Around the World Club	Mrs Lubowiecka	3.30-4.30	Prep 3 Classroom	P2 & P3	14	4	N/A
After School Club	Mrs Lukomski afterschoolclub@sapriory.com	3.30-6.00	Pupils' Refectory	Nursery to U2	20	4	£13.00 per session

Wednesday Preps and Juniors

Activity	Staff	Time
Breakfast Club	Mrs O'Connell	08.00-08.30
Junior Aerobics Morning- first Wednesday of the month	Mrs Gosling Ms Hales	8.15-8.30
Junior Choir	Miss Westley	12.45-1.30
Stewardship	Priory 6	1.00-1.30
Musical Theatre	Ms Perry	3:30-4:45
Creative writing	Mrs Tomlinson	3:40-4:30
Homework Club	Ms Round	3.50-4.30
After School Club	Mrs Lukomski afterschoolclub@sapriory.com	3.30-6.00

Venue	Year Groups	Max No	Min No	Cost / Information
Pupils' Refectory	LI to UII	20	N/A	Drop in £3.50 per session
Prep Playground	All Juniors	N/A	N/A	No booking required
Chapel	L1 to U2	N/A	8	N/A
Girls will be collected from their classrooms	L1– U2	12	N/A	No booking needed, register with classroom teacher
Drama room	P1 to P3	20	5	£60 per term
L2 classroom	L2 to U2	14	N/A	N/A
L2 Classroom	L1 to U2	16	2	Drop in Sessions No booking required
Pupils' Refectory	Nursery to U2	20	4	£13.00 per session

Thursday Preps and Juniors

Activity	Staff	Time	Venue	Year Groups	Max No	Min No	Cost / Information
Breakfast Club	Mrs O'Connell	8.00-8.30	Pupils' Refectory	Nursery to U2	20	N/A	Drop in £3.50 per session
Junior Gymnastics	Mrs Gosling	7.45-8.30	Sports Hall	L1 to U2	20	6	£50 per term
LAMDA U1 Acting	Ms Hewitt	8.00-8.50	Breakout Room	U1	8	2	See LAMDA brochure for costs
LAMDA Intro Stage 2	Ms Hewitt	9.50-10.40am On rotation 1.55-2.45pm	Breakout room	P3	8	2	On Rotation See LAMDA brochure for costs
LAMDA L2 & U2 Speaking Verse and Prose	Ms Hewitt	12.30-1.10	Breakout Room	L2 & U2	8	2	See LAMDA brochure for costs
LAMDA U2 Acting	Ms McMullin	12.30-1.10	New Hall Stage End	U2	8	2	See LAMDA brochure for costs
LAMDA L2 Act-ing Group 1	Ms Hewitt	3.50-4.30	Senior Music Room	L2	8	2	See LAMDA brochure for costs
Mindful Chess	www.mindfulchess.co.uk Mr Fishman	3.40-4.40	Scriptorium	L1 to U2	20	8	£100 per term
Advance Junior Needle Craft	Ms Ransome	3.40-5.00	U2 Classroom	L1 to U2	6	4	£150 per term Increased rate due to material costs All materials included
After School Club	Mrs Lukomski afterschoolclub@sapriory.com	3.30-6.00	Pupils' Refectory	Nursery to U2	20	4	£13.00 per session

Friday Preps and Juniors

Activity	Staff	Time	Venue
Breakfast Club	Mrs O'Connell	08.00-08.30	Pupils' Refectory
LAMDA L2 Acting Group 2	Ms Hewitt	8.00-8.40	Senior Music Room
LAMDA U2 Acting Group 2	Ms McMullin	12..30-1.10	New Hall Foyer
LAMDA L2 – U2 Speaking in Public Group 1	Ms Hewitt	11..55-12.45	Breakout Room
Junior Drama Club	Mrs Van Der Merwe	12.45-1.25	L1 Classroom
Junior Strings	Miss Jackson	1.10-1.45	Chapel
Music Club	Miss Westley	12.45-1.15	Senior Music Room
Football Club Junior	Mr Fazel	3.40-5.00	Astro
Junior Yoga	Ms Rosen	3.40-4.45	Sports Hall
Needle Craft Beginners	Ms Ransome	3.40-5.00	Senior Art Room
LAMDA L2 & U2 Speaking in Public	Ms Hewitt	2.50-3.30	Senior Music Room
After School Club	Mrs Lukomski afterschoolclub@sapriory	3.30-6.00	Pupils' Refectory

Year Groups	Max No	Min No	Cost / Information
Nursery to U2	20	N/A	Drop in £3.50 per session
L2	8	2	See LAMDA brochure for costs
U2	8	2	See LAMDA brochure for costs
L2 to U2	8	2	See LAMDA brochure for costs
L1 & U1	16	N/A	N/A
L1 to U2	16	4	N/A
L1 to U2	16	6	No experience necessary
L1 to U2	24	N/A	Full PE kit and shin pads No Cost
L1 to U2	20	5	£60 per term
L1 to F3	6	4	£100 per term all materials included
L2 & U2	8	2	See LAMDA brochure for costs
Nursery to U2	20	4	£13.00 per session

Saturday Preps and Juniors

Activity	Staff	Time	Venue
LAMDA Solos and Pairs	Ms McMullin	09.00-12.50	Senior Music Room
Yourstage Tots Drama and Dance	Ms Hagerty info@yourstagedrama.com	9.00-10.00	New Hall
Yourstage Too and Teens Drama and Dance	Ms Hagerty info@yourstagedrama.com	10.00-12.00	New Hall

Year Groups	Max No	Min No	Cost / Information
U1 to Priory 6	8	N/A	See LAMDA brochure for costs Half an hour slots available
Boys and girls aged 3-5	20	5	£105 per term (10 weeks) Term commences 16th Sept.
Boys and girls aged 6-16	30	3	£205 per term (10 weeks) Term commences 16th Sept.

Saturday Sport
Netball Skills **Lower I – Upper II** **(CL)** **9 - 10am** **Hockey Skills** **Lower I – Upper II** **(AC)** **10 - 11am**

Prep 2 and 3 Around the World Club:

During the course of the year we will visit a different continent each half term. We will then explore a country within that continent every week and engage in

Start date	Topic	Venue	Facilitator
Tuesday	Around the World Club	Prep III Classroom	Mrs Lubowiecka
Max Number	Min Number	Time	Cost
14	4	3:30pm 4:30pm	N/A

Where: Prep 3 classroom from 3:30pm

Pick up: Entrance to Prep 2/3 building at 4.30pm

Materials: All materials and equipment will be Provided. Girls are asked not to bring in snacks

Cost: No Cost

Art Club: Lower 1 to Upper 2

The girls will have the opportunity to make arts and crafts in the studio environment. It's a wonderful opportunity for girls to work on seasonal projects which will support them to develop their creative thinking and practical skills.

Start date	Topic	Venue	Facilitator
Tuesday	All sorts	Junior Art room	Mrs Mackay
Max Number	Min Number	Time	Cost
24	N/A	1:00pm 1:30pm	N/A

Where: Junior Art room

Pick up: N/A

Materials: All materials and equipment will be provided

Cost: N/A

Book Club
Mrs Van Der Merwe

Fun filled activities

Book reviews

All juniors welcome!

This is a wonderful opportunity for our junior girls and their parents to come and use the library.
Encouraging them to use the schools wonderful facilities.

Start date	Topic	Venue	Facilitator
Monday	Books	Junior Library	Mrs Van Der Merwe
Max Number	**Min Number**	**Time**	**Cost**
N/A	N/A	3:40pm 4:30pm	N/A

Where: Junior Library

Cost: N/A

Additional information: Girls are asked not to bring in snacks as there is a no eating and drinking policy in the Junior Library

Pick up from the Prep playground

Creative Writing Club

Mr O'Connell

Creative Writing Club:

L2 and U2

The girls will have an opportunity to use a number of different writing methods to develop their creative writing skills.

Start date	Topic	Venue	Facilitator
Wednesday	Creative Writing	U2 Alpha Classroom	Mrs Tomlinson
Max Number	Min Number	Time	Cost
14	N/A	3:40pm 4:30pm	N/A

Where: Upper 2 Alpha Classroom

Pick up: Prep Playground at 4:30pm

Materials: All materials and equipment will be provided

Cost: N/A

Additional information: Girls are asked not to bring in snacks as there is a no eating and drinking policy for this club

Drama Club

Mrs Van Der Merwe

Junior Drama Club:
Lower 1 and Upper 1

If you could be anyone who would you be?
Drama club offers girls the opportunity to develop their acting and performance skills in a fun and friendly setting.

Date	Topic	Venue	Facilitator
Friday Lunch Time	Drama Club	L1 Classroom	Mrs Van Der Merwe
Max Number	Min Number	Time	Cost
16	N/A	1:00pm 1:25pm	N/A

Where: Lower 1 Classroom

Pick up: N/A

Materials: All materials and equipment will be provided

Cost: N/A

Additional information: Girls are asked not to bring in snacks as there is a no eating and drinking policy for this club

Homework Club

Mrs Round

Homework Club :
Lower I to Upper II

Homework club is an ideal opportunity to tackle and complete homework, with teacher support if needed.
“I've finished all my homework!” is a very welcome announcement, for parents, when the children are collected at the end of the session..

Start date	Topic	Venue	Facilitator
Wednesday	Homework	L2 Classroom	Mrs Round
Max Number	**Min Number**	**Time**	**Cost**
16	2	3.50pm 4.30pm	N/A

Pick up: Prep Playground

Cost: N/A

Additional information:

The club runs as a drop-in club so girls are more than welcome to come along on a weekly basis. We ask parents to inform the girls form teachers if they are due to attend.

ICT Club

Miss Gambrill

ICT Club:
All Juniors Welcome

During the course of the term the girls can utilise the ICT facilities to complete homework or start a project on a topic they are inspired by. Miss Gambrill will support and facilitate where needed.

Start date	Topic	Venue	Facilitator
Tuesday	ICT	Fox Hollow	Miss Gambrill
Max Number	Min Number	Time	Cost
15	4	12:45pm 1:15pm	N/A

Where: Fox Hollow

Materials: All materials and equipment will be provided

Cost: - N/A

Additional information: Girls are asked not to bring in snacks as there is a no eating and drinking policy for this club

Mrs. Cattigan
U2

Where: Upper II Alpha classroom
When: Monday 1.00pm – 1.30pm
Cost: N/A

The Justice and Peace Group not only raises awareness of issues of social justice, both locally and around the world, but provides opportunities for other pupils to take action. The group is an active and effective means of allowing girls in Upper II to initiate a number of projects, including:

- leading pupil assemblies on topics of injustice
- promoting Fair Trade across the school

organising events to raise awareness of charitable causes

The girls continue to work on issues which are close to their hearts.

LAMDA

LAMDA
examinations improve
communication skills, increase
confidence and develop strong
social skills

Introduction

30 sessions are offered per academic year. Refunds are made for lessons missed owing to teacher absence. Refunds are not made for student absence for any reason, including sickness, exams, trips etc.

2017/18

- Group lessons £95 per student per term
- Individual lessons £230 per student per term
- Pair £115 per student per term
- One-off individual£15 lessons

Please note that a half term's notice is required of termination of lessons or a half term's fees in lieu of notice will be charged. All fees will be charged to your school account a term in arrears.

LAMDA examinations for each grade take place once per academic year. LAMDA entrance fees are charged separately and cost different amounts depending on the subject and grade. Notification will be sent of upcoming examinations and, should you wish to enter your daughter, the examination entrance fee would be added to your school account.

Application

Book online via the Parent Portal.

Subjects at St Augustine's Priory

Group and individual lessons are offered in…

Solo Introductory — Introducing learners to basic communication skills. Learners will speak one poem from memory, audibly and clearly with some appreciation of meaning and maintain a short conversation with the examiner about a favourite toy or object, picture and book.

Acting — Developing a strong speaking voice and good memory skills by learning and performing monologues and duologues. Designed for solo or duologue performances.

Speaking in Public — Developing the skills necessary for effective oral communication and public presentation. These lessons will benefit native English speakers as well as those for whom English is a second language.

Speaking Verse & Prose — Learners interpret a rich variety of poems and novels, developing a strong speaking voice and memory skills. Designed for individual candidates.

Reading For Performance — Learners construct and present a recital based on a theme of their choice, using an introduction, verse readings, prose readings, dramatic readings, reflective linking statements and a conclusion. Texts are not memorised for this qualification. Designed for individual candidates.

Individual lessons are also offered in…

Devising Drama — Developing creativity by exploring ideas and themes and realising them through devised dramatic performances. Designed for solo or duologue performances.

Miming — Gaining an understanding of non-verbal communication by exploring body language and facial expression, and putting them into a dramatic performance. Designed for solo or performances.

MINDFUL CHESS

Year groups: All Junior and Senior

Pick up: Prep playground at 4.40pm

Materials: Water bottle and snack.

Mindful Chess:

Mindful Chess equips young people with both greater chess skills and concentration techniques to benefit all areas of their learning and development. Following working with one of Hong Kong's most prestigious chess schools Scholastic Chess, we are now providing the same opportunities for children in London.

We consider making the learning experience a fun enjoyable one to be fundamental to a student's progress. As ones passion grows so does the speed at which they retain knowledge and improve.

For further information about our teaching please see www.mindfulchess.co.uk

Date	Topic	Venue	Facilitator
Thursdays	Enrichment	Scriptorium	Mindful Chess
Max Number	**Min Number**	**Time**	**Cost**
20	8	3:40pm 4.40pm	£100 per term

Music Clubs

Music is a vital part of a complete education, and at St Augustine's Priory we encourage each girl to develop her musical skills and interests both in the classroom and through partaking in a range of extra-curricular activities.

Junior Orchestra

- Tuesdays 8.20am-8.55am
- Lower I to Upper II
- New Hall
- Mr Judson

Junior Percussion Club

- Tuesdays 12.45pm-1.15pm
- Lower I to Upper II
- New Hall
- Miss Westley/ Mrs Hatch
- Maximum number 16
- Minimum number 4

Junior Choir

- Wednesday 12.45pm-1.30pm
- Lower I to Upper II
- Chapel
- Miss Westley
- Minimum number: 8

Junior Strings

- Fridays 1.10pm-1.45pm
- Lower I to Upper II
- Chapel
- Miss Jackson
- Maximum number 16
- Minimum number 4

Music Club

- Fridays 12.45pm-1.15pm
- Lower I to Upper II
- Senior Music Room
- Miss Westley
- Maximum number 16
- Minimum number 6

Needle Craft
Intermediate
Melody Ransome

Needle Craft Programme:

During the course of the term the girls will develop their sewing machine and
construction skills. Whilst making a wide range of textiles, girls will have the opportunity to make their own fabric choices and design decisions.

Where: UII alpha classroom from 3:40pm

Pick up: Prep playground at 5pm

Materials: All materials and equipment will be

provided

Cost: £150 or £100 for the term (£15 per session - advanced and £10 - beginners)

Additional information: Girls are asked not to bring in snacks as there is a no eating and drinking policy for this club. The Advance programme is designed for girls who have completed the Beginners' programme.

The Advance course is only for Juniors who have completed the Beginners' course.

Priory 6 Meets Priory Farm Stewardship

Every Wednesday Priory 6's four House Captains take a group of girls from the junior school over to the Priory Farm. The juniors learn about the apple pressing process and join together as a community to maintain our wonderful outdoor space and animals.

This is a wonderful opportunity to use the apple press to grind apples, whilst feeding and visiting the animals. Sign up with your form tutor and enjoy the great outdoors, make friends and build relationships with girls across the senior and junior school.

It's a great way for the junior girls to have a fun-filled lunchtime with our older girls whilst supporting the Farm and Orchard!

Stewardship nurtures excellent relationships between the older and younger girls.

Where	When	Who	Application
Priory Farm The girls will be collected by House Captains from the prep play-ground.	Every Wednesday 1-1:30pm	All Juniors 8-12 girls selected each week.	Form teachers will create a list rota create every week.

Sports Clubs

Prep Gymnastics:

This club focusses on developing fundamental movement skills which are imperative for girls development. Girls develop their strength, balance, flexibility and co-ordination, as well as gaining a greater understanding of how their body moves. Girls are taught by a Gymnastics Coach, who caters for all abilities and helps the girls to develop. At the end of each term, girls perform in a showcase, to demonstrate to parents their progress.

The club costs £60 per term and in Michaelmas it is open to Prep II and Prep III only. In Lent and Summer term, Prep I are able to join.

Cheerleading

'Dynamite' our Cheerleading Squad are a great squad made up of girls in Lower II – LV. Girls work together to create sequences and routines which involve stunts, jumps, tumbling and other Gymnastic skills. This club is run by LDCA Cheerleading Academy, who provide specialist coaching for the girls. Dynamite compete in three main competitions throughout the year, as well as competing at local and school events. This club not only develops girls' Gymnastics skills such as strength, co-ordination and tumbling but also teaches them leadership, team work and trust which are all vital for a successful squad.

This clubs costs £75 a term and girls who are already in Dynamite have first refusal on places. Trials for the squad occur in September, where girls can join taster sessions to see if they enjoy the club.

Netball:

Netball is one of our main winter sports. Girls compete in fixtures from U1 - Senior level against a range of schools. We cater for all abilities providing the opportunities for all to participate and improve, as well as stretching the more able with Middlesex and National Schools Tournament.

At Junior Level, girls participate in Whole Year fixtures and learn through the High 5 Netball programme. They develop their basic skills, and movement and learn how to play all positions. As the girls get older, there are more training sessions and fixtures available and Saturday Sport is also a great way to get extra training.

At Senior Level, girls focus on tactics and strategies and compete in a regular fixtures programme. Training takes place before school at lunchtimes and after schools and girls are expected to commit to training if they want to represent the school regularly. Saturday Sport is also a great way to get extra training. We go on Bi-Annual Netball Tour, and girls must be committed to Netball in order to participate.

Hockey:

Hockey is one of our main winter sports. Girls compete in fixtures from U1 - Senior level against a range of schools. We cater for all abilities providing the opportunities for all to participate and improve, as well as stretching the more able with Middlesex and local Tournaments.

At Junior Level, girls participate in Whole Year fixtures and learn through the Quicksticks programme. They develop their basic skills, and movement and learn how to play matches.

At Senior Level, girls focus on tactics and strategies and compete in a regular fixtures programme. Training takes place before school at lunchtimes and after schools and girls are expected to commit to training if they want to represent the school regularly. As they progress through the school, girls will play 11aside matches. We go on Bi-Annual Hockey Tour, and girls must be committed to Hockey in order to participate.

Sport Clubs timetable

	Monday	Tuesday
Before School 7.45 – 8.30am		Swimming Club Acton Pool 7am start LH Charged club
Junior Lunch 12.45 – 1.15pm		Junior Netball Lower I, Upper II, Lower II, Upper II Netball Court HG/LH
After School	Lower II and Upper II Netball Net ball court CL Lower I and Upper I Hockey Astro OA/AN Prep Gymnastics Charged club Temporary Hall	Taekwondo All Years Charged club Lower II and Upper II Hockey AC/EB Prep Yoga New Hall

Wednesday	Thursday	Friday
Junior Aerobics Morning- first Wednesday of the Month Prep Playground LH Indoor Athletics Temporary Hall Upper II to Lower IV	Junior Gymnastics Club L1 – U2 Sports Hall £50 per term charge	Upper II and Lower II Netball Netball court LH
	Junior Hockey Club Lower I to Upper II Astro AC	
Upper I and LI Netball Netball court CL	Cheerleading Lower II Upwards Temporary Hall EB	Junior Football Club Lower I to Upper II Astro NF

Swimming Club
Miss Hales

Swimming club:
Lower 2 to Priory 6

The swimming club is a high intensity club aimed at improving technique and endurance. A good level of swimming ability and fitness is required to participate. Beginners are not advised.
No online line booking required please contact Ms Hales directly lhales@sapriory.com

Start date	Topic	Venue	Facilitator
Tuesdays	Swimming	Acton Pool	Miss Hales
Max Number	**Min Number**	**Time**	**Cost**
40	N/A	7am Start	£60 per term

Where: Acton swimming pool

Pick up: Girls are taken back to school via coach

Materials: Swimming costume, goggles, flippers, swimming hat, towel.

Cost: £60 per term

Additional information: Girls are asked not to bring in snacks as there is a no eating and drinking policy for this club

Football

Football Club is a club available for girls in Lower 1 to Upper 2. It develops fundamental skills such as passing and moving into space as well as game related activities. This club helps to develops pupil's awareness in games and we have seen a large improvement in co-ordination and body control. It is run by parents and is a really popular club where the girls have made fantastic progress.

Football Club:

Lower 1 to Upper 2

Fridays 3:40pm to 5:00pm

Full PE kit and shin pads required

Max Number: 24

Taekwondo

Taekwondo:

- Taekwondo for all ages
- Fun way to get fit, learn self-defence, self-discipline and gain confidence
- Learn one to one sparring with the use of protective equipment
- Opportunity to gain national and internationally recognised Taekwondo certificates
- In-house grading conducted by a recognised British Taekwondo examiner and 4th Dan Black Belt

Start date	Topic	Venue	Facilitator
Tuesdays	Martial Arts	New Hall	Mr Ronnie Deguz-man
Max Number	**Min Number**	**Time**	**Cost**
20	4	3:40pm 5:00pm	£66 per term

Year groups: All Junior and Senior

Pick up: Prep Playground at 5pm

Materials: Taekwondo suit required, water bottle and snack.

Cost: £66 for the term (£6 per session)

Yoga Friends

Yoga Friends

Yoga Friends teaches children the value of relationships. During a yoga class, we learn to connect our body, mind and heart. It is through this connection that we understand the importance of looking after our selves and others.

Children learn a vocabulary of different yoga poses that make us strong and flexible. Beyond the physical benefits, we also explore how yoga poses make us feel and how we express ourselves through our body.

Each yoga friend employs her imagination and creativity, so we can jointly weave ideas together into a practice sequence.

Partner yoga activities foster mutual trust and respect. A short relaxation time at the end of class allows us to digest what we learned.

Where: New Hall/Sports Hall
Year groups: Preps II & III on Tuesdays, Juniors on Fridays
Pick up: Prep playground at 4.30pm (Preps on Tuesdays), 4.45pm (Juniors on Fridays)

Materials: PE kit to be worn. Mats provided. Water bottle and snack.

Cost: £66 for the term (£6 per session)

YOURSTAGEDRAMA
CONFIDENCE THROUGH CREATIVITY

BUGSY MALONE

YOURSTAGE SATURDAYS

Saturday drama classes for 3 to 16 year olds at St. Augustine's Priory.

Yourstage Tots (3 to 5 years) - 9am - 10am

Yourstage Too & Teens (6 to 16 years) - 10am - 12pm

We will work towards the 7th July 2018 Bugsy production over two terms, starting 6th January.

info@yourstagedrama.com

Www.yourstagedrama.com

YOURSTAGEDRAMA
CONFIDENCE THROUGH CREATIVITY

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